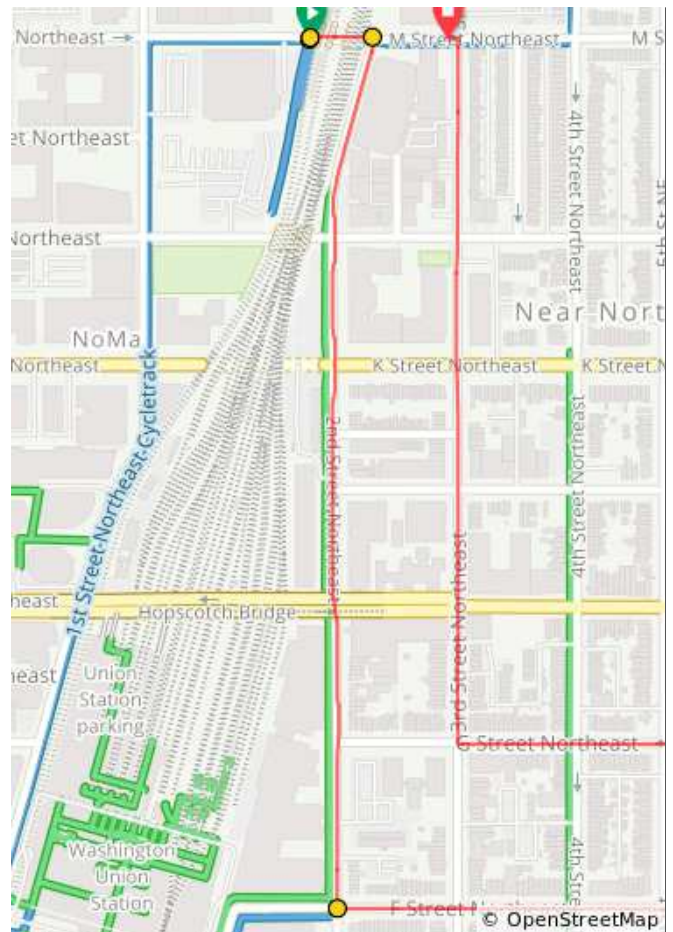


2020 Bean Sprout Route

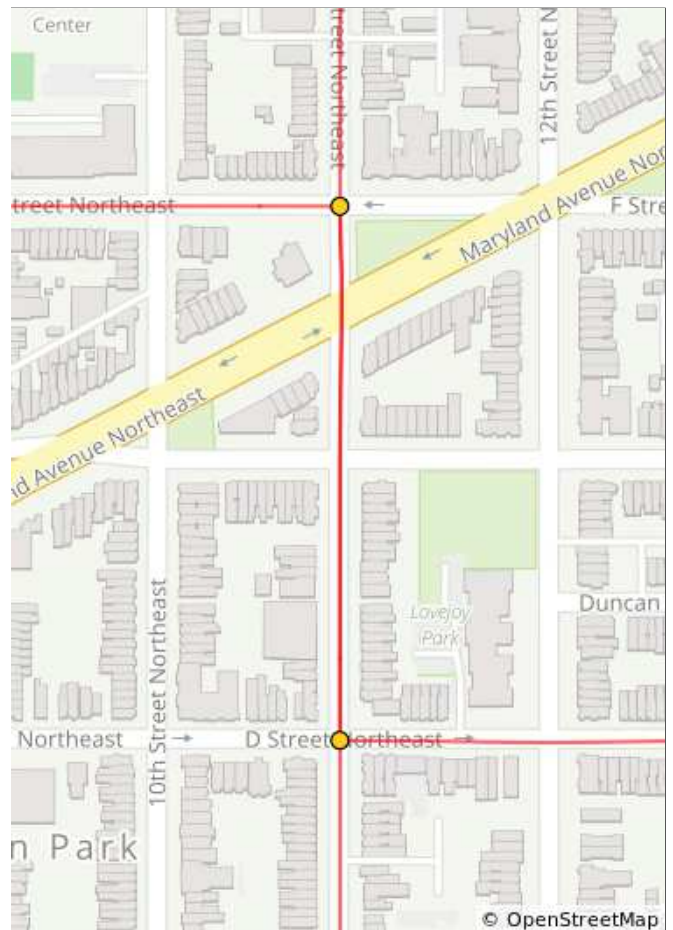
Num	Dist	Type	Note	Next
1.	0.0	📍	Start of route	0.0
2.	0.0	➔	R on to M St NE to go under the underpass towards Delaware Ave NE	0.0
3.	0.0	➔	R onto Delaware Ave NE (becomes 2nd St NE)	0.6
4.	0.6	➡	L onto F St NE	0.6

0.6 miles. +5/-15 feet



Num	Dist	Type	Note	Next
5.	1.3	➔	R onto 11th St NE	0.2
6.	1.4	➡	L onto D St NE	0.9

0.8 miles. +22/-0 feet



Num	Dist	Type	Note	Next
7.	2.4	←	L onto Oklahoma Ave NE	0.3
8.	2.7	→	At Benning Rd NE, turn R onto the sidewalk to get onto the Anacostia Riverwalk Trail	0.1
9.	2.8	→	Slight R onto Anacostia Riverwalk Trail when you get to the fork just before the bridge	0.1
10.	2.9	↑	Continue on the Anacostia Riverwalk Trail (the river is on your left!)	0.1

1.4 miles. +10/-18 feet

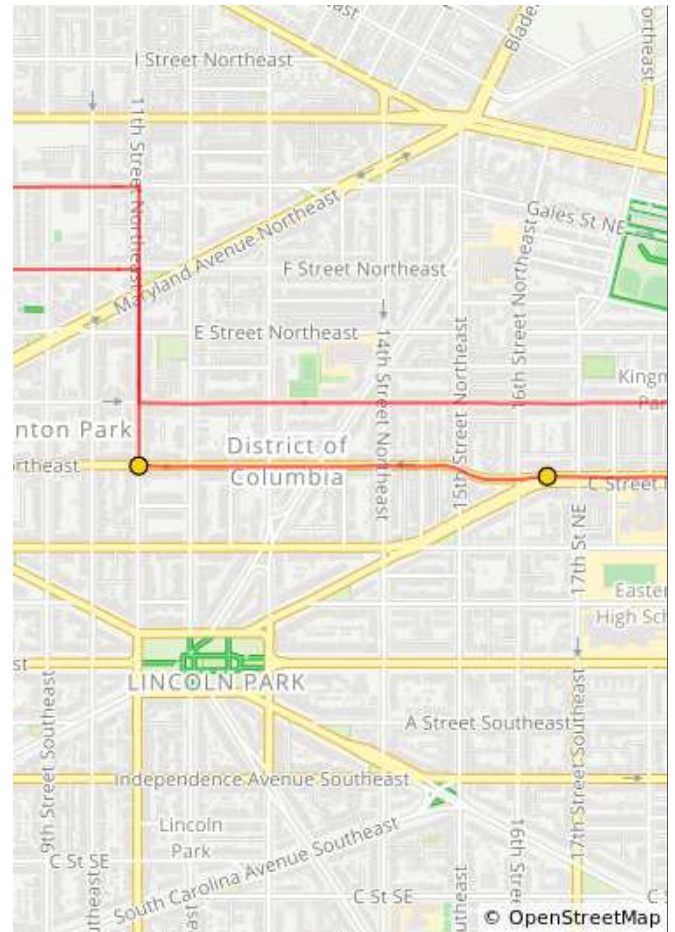


Num	Dist	Type	Note	Next
11.	3.0	↑	Halfway point! Take a break at the entrance to Kingman & Heritage Island Parks.	0.4
12.	3.4	→	Just before the Whitney Young Memorial Bridge, take a sharp R on the trail alongside C St NE	0.4
13.	3.8	←	Stay L at the fork to follow the trail up to the road	0.1
14.	3.9	↑	Continue straight on C St in the bike lane	0.3

1.0 miles. +18/-5 feet

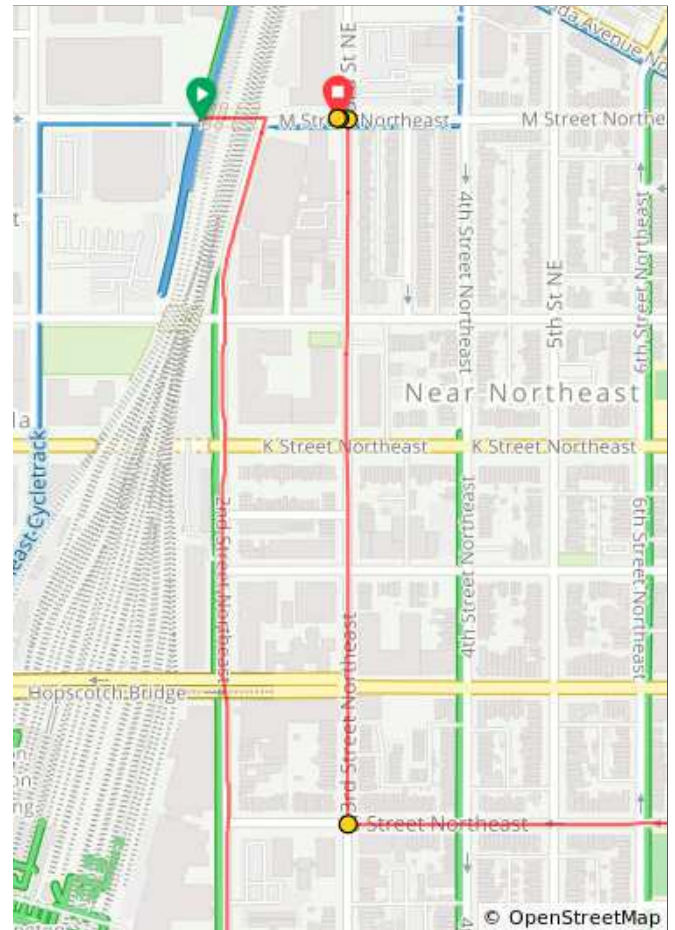


Num	Dist	Type	Note	Next
15.	4.2	➔	Keep R to stay on C St NE	0.5
16.	4.8	➔	R onto 11th St NE	0.9



0.9 miles. +24/-0 feet

Num	Dist	Type	Note	Next
17.	5.7	➔	R onto 3rd St NE	0.5
18.	6.2	➜	Use the sidewalk to turn L onto M St NE	0.0
19.	6.2	⬆	6 miles complete—you did it! You are basically back where you started—follow M St NE past REI and under the underpass to return to the bottom of the Metropolitan Branch Trail.	0.0
20.	6.2	📍	End of route	0.0



1.4 miles. +21/-4 feet