

## 2020 Bean Sprout Route

6.2 miles

Leg	Dir	Type	Notes	Total
	→	Right	Turn R on to M St NE to go under the underpass towards Delaware Ave NE	0.0
0.0	→	Right	Turn right onto Delaware Ave NE (becomes 2nd St NE)	0.0
0.6	←	Left	Turn left onto F St NE	0.6
0.6	→	Right	Turn right onto 11th St NE	1.3
0.2	←	Left	Turn left onto D St NE	1.4
0.9	←	Left	Turn L onto Oklahoma Ave NE	2.4
0.3	→	Right	At Benning Rd NE, turn R onto the sidewalk to get onto the Anacostia Riverwalk Trail	2.7
0.1	→	Right	Slight right onto Anacostia Riverwalk Trail when you get to the fork just before the bridge	2.8
0.1	↑	Straight	Continue on the Anacostia Riverwalk Trail (the river is on your left!)	2.9
0.1	↑	Straight	Halfway point! Take a break at the entrance to Kingman & Heritage Island Parks.	3.0
0.4	→	Right	Just before the Whitney Young Memorial Bridge, take a sharp right on the trail alongside C St NE	3.4
0.4	←	Left	Stay left at the fork to follow the trail up to the road	3.8
0.1	↑	Straight	Continue straight on C St in the bike lane	3.9
0.3	→	Right	Keep right to stay on C St NE	4.2
0.5	→	Right	Turn right onto 11th St NE	4.8
0.9	→	Right	Turn right onto 3rd St NE	5.7
0.5	←	Left	Use the sidewalk to turn left onto M St NE	6.2
0.0	↑	Straight	6 miles complete—you did it! You are basically back where you started— follow M St NE past REI and under the underpass to return to the bottom of the Metropolitan Branch Trail.	6.2