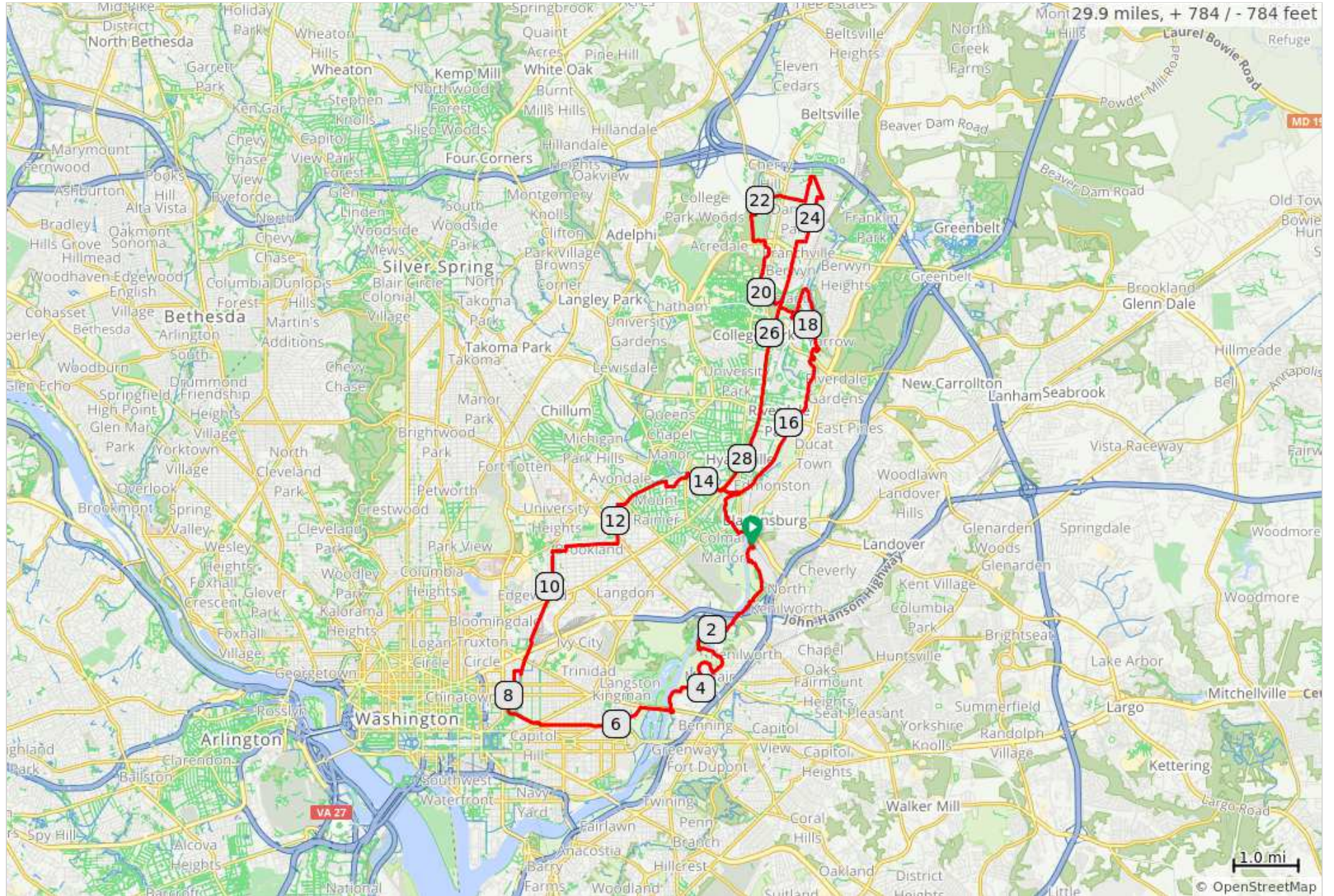


2020 Cider Ride McIntosh Route_ Bladensburg Waterfront Park Start/Finish



2020 Cider Ride McIntosh Route_ Bladensburg Waterfront Park Start/Finish

Num	Dist	Type	Note	Next
1.	0.0	📍	Start of route	0.0
2.	0.0	↑	To start the route, take the Anacostia Riverwalk Trail towards the red caboose	0.1
3.	0.1	➔	Right at the fork to stay on the Anacostia Riverwalk Trail	0.4
4.	0.5	↑	Continue on the Anacostia River Trail	0.7
5.	1.2	↑	Continue on the Anacostia Riverwalk Trail	0.3
6.	1.5	↑	Continue on the Anacostia River Trail (centerline turns yellow as you enter DC)	1.5
7.	3.0	➔	Bear right to stay on the Anacostia River Trail	0.2
8.	3.2	➔	Right onto the Jay St NE protected bike lane	0.3
9.	3.5	↑	Continue onto Hayes St NE	0.4
10.	3.9	➔	Right onto Anacostia Ave NE	0.3
11.	4.1	➔	At Foote St NE, turn right onto the Anacostia River Trail	0.2
12.	4.3	←	Bear left to stay on the Anacostia River Trail (yellow centerline)	0.6
13.	4.9	←	After crossing under Benning Rd bridge, turn left and follow the trail up the hill	0.0
14.	5.0	↑	Continue onto Anacostia Riverwalk Trail	0.0
15.	5.0	←	Left on to the sidewalk	0.0
16.	5.0	↑	Sidewalk across the Benning Road Bridge	0.5

5.0 miles. +92/-91 feet

Num	Dist	Type	Note	Next
17.	5.5	←	Left onto Oklahoma Ave NE	0.4
18.	5.9	↑	Continue onto 21st St NE	0.0
19.	6.0	➔	Right onto C St NE	0.3
20.	6.3	➔	Keep right to stay on C St NE	0.9
21.	7.2	➔	Right onto 6th St NE	0.0
22.	7.2	←	Left onto C St NE	0.1
23.	7.4	↑	Continue onto Massachusetts Ave NE	0.3
24.	7.6	←	Continue straight around Columbus Circle NE	0.1
25.	7.8	➔	Slight right onto First St NE protected bike lane (it's green!)	0.6
26.	8.4	➔	Right onto M St NE	0.1
27.	8.5	↘	Sharp right onto Metropolitan Branch Trail ramp	0.0
28.	8.6	←	Sharp left to stay on Metropolitan Branch Trail	0.6
29.	9.1	↗	Slight right to continue on the Metropolitan Branch Trail	1.0
30.	10.1	➔	Right onto 8th St NE.	0.0
31.	10.1	<i>i</i>	Dew Drop Inn is on your right! Continue straight towards Hamlin Street, where you can take a service road around to the pit stop.	0.1
32.	10.2	↻	Before Hamlin St, get on the righthand side service road to take a U-turn back to the pit stop.	0.0

5.2 miles. +194/-86 feet

Num	Dist	Type	Note	Next
33.	10.2	↑	When you're done with the pit stop, head North on 8th St NE to continue your ride	0.3
34.	10.6	➔	Right onto Monroe St NE	0.2
35.	10.8	➡	Left onto 12th St NE	0.1
36.	10.9	➔	Right onto Newton St NE	0.8
37.	11.7	➡	Left onto 20th St NE	0.6
38.	12.3	➔	Right onto Varnum St NE	0.3
39.	12.6	↑	Continue straight. Varnum St becomes Arundel Rd	0.6
40.	13.1	➔	Right onto 34th St	0.1
41.	13.2	➡	Left onto Windom Rd	0.1
42.	13.3	➡	Left onto Levee Trail (if you hit 37th St you've gone too far)	0.2
43.	13.6	➡	Left onto 38th St	0.1
44.	13.7	➔	After crossing the bridge, Turn right onto Northwest Branch Trail (red centerline)	0.6
45.	14.3	↑	Use the crosswalk to cross Rhode Island Ave at 41st St/Charles Armentrout D	0.0
46.	14.3	➡	Continue straight on the trail along Charles Armentrout Dr	0.2
47.	14.6	➔	Right to stay on Northwest Branch Trail (red centerline) and head downhill. Then immediately turn left	0.0
48.	14.6	➡	Immediately turn left onto the Northeast Branch Trail (yellow centerline)	0.5
49.	15.1	↑	Cross Decatur Street	0.9

4.8 miles. +91/-211 feet

Num	Dist	Type	Note	Next
50.	16.0	↑	Cross Riverdale Rd. NOTE: Very steep grade on the far side of the road.	0.1
51.	16.1	↑	Cross under East-West Hwy	0.1
52.	16.2	➔	Slight right to stay on Anacostia Tributary Trail System/NE Branch Trail	0.4
53.	16.6	↑	Cross under River Rd bridge	0.5
54.	17.2	➔	Bear right to stay on the trail and pass Denis Wolf Shelter	0.2
55.	17.3	➔	Right onto Anacostia Tributary Trail System/NE Branch Trail	0.6
56.	17.9	↑	Cross the bridge and get ready to take your next left	0.0
57.	17.9	➡	After crossing the bridge immediately turn left onto Paint Branch Trail (blue centerline)	0.0
58.	17.9	➡	Left onto Anacostia Tributary Trail System/NE Branch Trail/ Paint Branch Trail	0.1
59.	18.1	➔	Right to take the trail around Lake Artemesia	0.6
60.	18.6	➡	Left to follow the trail around Lake Artemesia	0.3
61.	19.0	➔	Right at the fork	0.2
62.	19.2	➔	Right onto Paint Branch Trail	0.1
63.	19.3	➡	Get ready to take your next left	0.0
64.	19.3	↙	Sharp left at the fence to stay on Paint Branch Trail (blue centerline)	0.2

4.2 miles. +55/-24 feet

Num	Dist	Type	Note	Next
65.	19.5	➔	At the intersection, turn right to stay on Paint Branch Trail	0.1
66.	19.6	➡	Keep left to stay on the Paint Branch Trail (blue centerline). It curves back into the woods	0.3
67.	19.9	➡	Left to stay on Anacostia Tributary Trail System/Paint Branch Trail	0.1
68.	20.0	➡	Left onto sidewalk cross the bridge over Paint Branch creek.	0.1
69.	20.0	↙	As soon as you cross the bridge, make a sharp left onto the trail, which loops back under the bridge	0.1
70.	20.1	↑	Continue on the Paint Branch Trail (blue centerline) through the University of Maryland campus	0.6
71.	20.8	↑	Cross Metzert Road and continue on the trail	0.2
72.	21.0	↑	Cross under University Blvd.	0.9
73.	21.9	↑	Cross a bridge over Paint Branch Creek	0.1
74.	21.9	↑	Cross the second bridge and get ready to take a sharp right	0.0
75.	22.0	↘	Take a sharp right onto the boardwalk trail (be careful of the ballard!)	0.4
76.	22.3	↑	Continue straight towards the light at Hollywood Road (beware gravel)	0.1
77.	22.4	↑	Continue onto Hollywood Rd	0.3
78.	22.7	➡	Left onto Rhode Island Ave	0.3

3.4 miles. +138/-75 feet

Num	Dist	Type	Note	Next
79.	23.0	➔	Right into Hollywood Shopping Center towards the Proteus Bikes Pit Stop!	0.1
80.	23.1	➔	After the pit stop, turn right onto Rhode Island Ave to continue the ride.	0.1
81.	23.1	➔	Right onto Edgewood Rd	0.1
82.	23.2	➔	Right onto Narragansett Pkwy	0.4
83.	23.5	➔	Right onto Lackawanna St	0.1
84.	23.6	➡	Left onto 51st Ave	0.7
85.	24.3	➔	Right onto Blackfoot Pl	0.1
86.	24.5	➡	Left onto Rhode Island Ave	0.1
87.	24.6	↑	Cross University Blvd to go straight onto College Park Trolley Trail (yellow centerline)	0.1
88.	24.7	↑	Continue onto College Park Trolley Trail	0.7
89.	25.4	↑	When you reach Pierce Ave, head straight on the Trolley Trail past the right side of the athletic field (blue centerline)	0.1
90.	25.6	↑	Continue straight on the Trolley Trail	0.2
91.	25.8	↑	Cross Campus Dr	0.3
92.	26.1	↑	Cross Calvert Road and continue on the Trolley Trail	1.1
93.	27.2	↑	Continue straight through the parking lot, then cross Queensbury Rd to continue straight onto the Trolley Trail	0.9

4.5 miles. +96/-153 feet

Num	Dist	Type	Note	Next
94.	28.1	←	At Farragut St, use the crosswalk to make a left onto Rhode Island Avenue	0.5
95.	28.6	←	Left at Charles Armentrout Dr/41st PI to get onto the Northwest Branch Trail (red centerline).	0.0
96.	28.6	↑	Continue straight on the trail along Charles Armentrout Dr	0.2
97.	28.8	→	Right to stay on Northwest Branch Trail and get ready to turn right	0.0
98.	28.8	→	Immediately right onto the Anacostia River Trail (orange centerline) at the bottom of the hill (you turned left here before)	0.6
99.	29.4	←	Continue on Anacostia River Trail under the Bladensburg Rd bridge	0.2
100.	29.6	←	Left onto the bridge towards Bladensburg Waterfront Park—you're almost finished!	0.2
101.	29.8	←	Slight left onto Anacostia River Trail	0.0
102.	29.9	→	The Ropewalk Pavilion is on your right! You're back where you started— you did it!	0.1
103.	29.9	📍	End of route	0.0

2.7 miles. +8/-45 feet