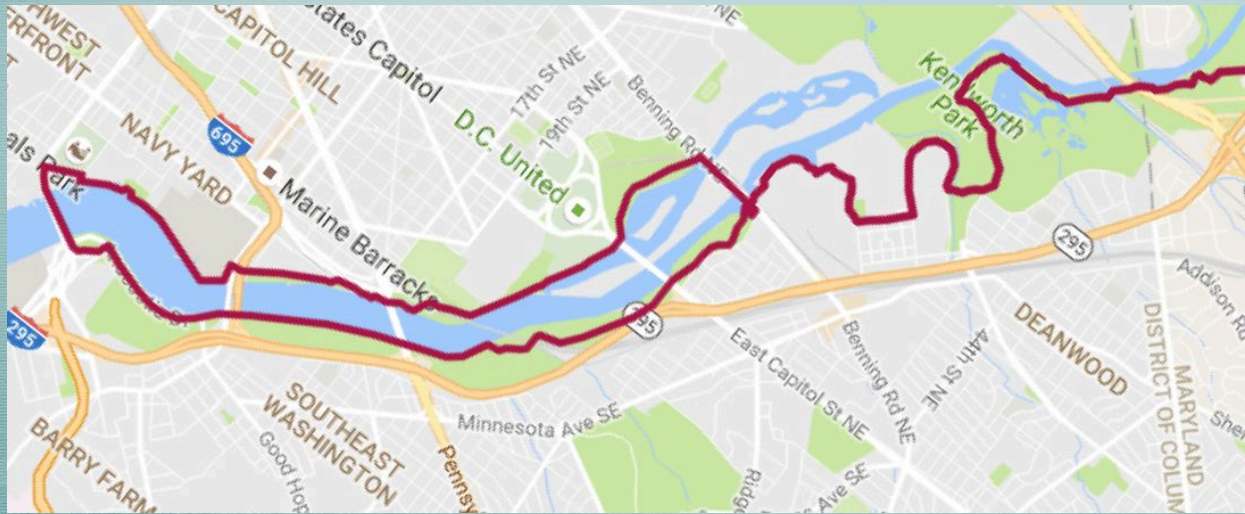


THE ANACOSTIA RIVER TRAIL (ART)



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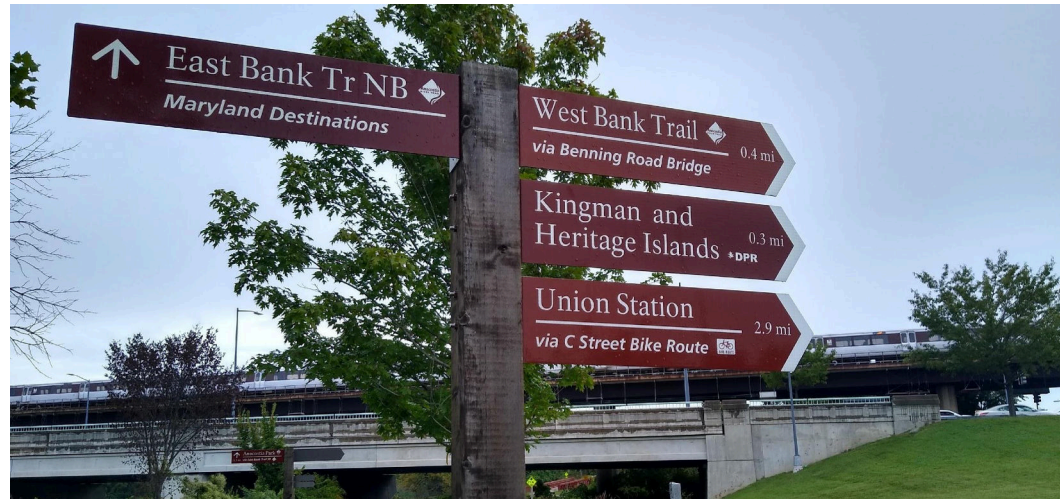
What you will learn

- Overview of the Anacostia River Trail (ART)
- Accessing the ART via Metro and Bridges
- Amenities/Facilities along the trail
- Highlights of the Anacostia Neighborhood (which shares its name)

Overview of the Anacostia River Trail

About the ART?

- The ART consists of Two Parts - The East Bank Trail and The West Bank Trail, which runs along both sides of the Anacostia River



About the ART Cont

- Connects Two National Parks - Anacostia Park and Kenilworth Aquatic Gardens
- Offers Alternative Transportation Routes (About 16 Miles of Off-Street Trails that includes Protected Bike Lanes)
- Access to Sports, Recreational, Educational, Art and Entertainment facilities as well as Restaurants and Shopping
- DC Portion of the ART ends right after Kenilworth Aquatic Gardens at US-50



How the trail looks



Sharrows & Protected Lanes



Where Does the ART Go?

- East Bank Trail (Starts at the base of Frederick Douglass Memorial Bridge (at Anacostia Park) and goes to Kenilworth Aquatic Gardens)
- West Bank Trail (Starts at National Park and goes to Kingman Island then meets the East Bank Trail at Benning Road in the River Terrace Neighborhood)

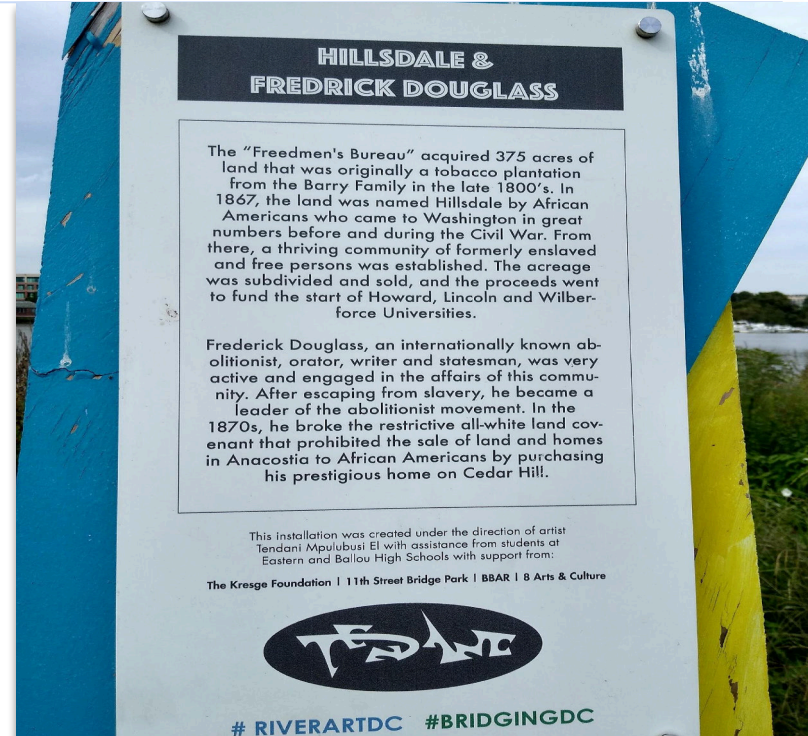
Different Types of Signage on the ART

Directional Signs Loaded with Information

- Tells you what Street/Bridge you are near
- How near/far Metro & what lines
- What neighborhood you are near/far and if there's a bike route
- How near/far the other trail is



Art Work with Area Information



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Information Signs



* Capital Bikeshare Map

- CaBi Stations are located throughout the ART, and each Station has an Area Map loaded with information



Bike Routes to Local Neighborhoods



 Bike Route to
Alabama Ave 1.5 

  Anacostia River
West Bank Tr 0.6

  Capitol Hill 2.7

  Downtown 5.4

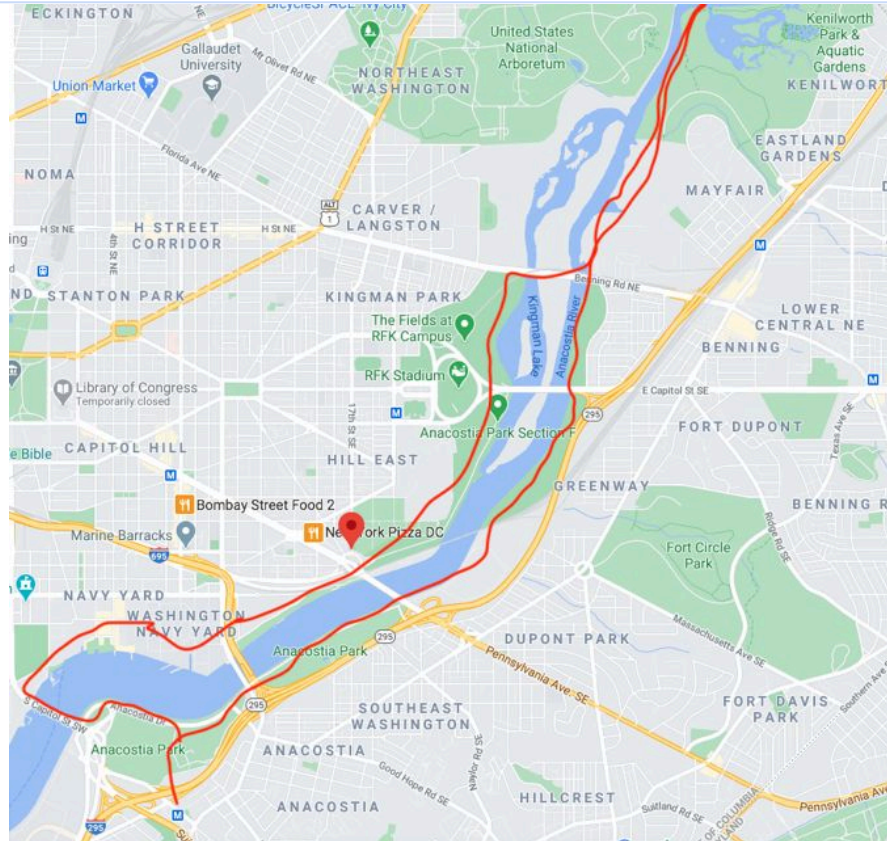
Accessing the ART

- Walking/Biking/Jogging
- Metro
- Bridges

Walking/Biking/Jogging

- The ART goes through many neighborhoods allowing easy access by walking, biking or jogging.
- Some of the East Bank Trail Neighborhoods are: Anacostia, River Terrace, Parkside, Mayfield and Kenilworth
- Some of the West Bank Trail Neighborhoods are: Navy Yard and Capitol Hill
- Bike Routes signs are provided when leaving the ART into Neighborhoods

ART Neighborhoods



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Metro Stations

- Anacostia Metro Station - Parking Garage (East Bank Trail)
- Minnesota Ave. Metro Station - Parking Garage (East Bank Trail)
- Deanwood Metro Station - Parking Garage (East Bank Trail)
- Navy Yard Metro Station - West Bank Trail
- Potomac Ave Metro Station - West Bank Trail
- Stadium/Armory Metro Station - West Bank Trail



Anacostia Metro Station Parking Garage Exit



Bridges

(All Bridges Give Access to Both East and West Bank Trails)

- The Frederick Douglas (South Capitol St) Memorial Bridge
- Welsh (11th St) Memorial Bridge
- Sousa (Pennsylvania Ave) Bridge
- Whitney Young (East Capitol St) Memorial Bridge
- Ethel Kennedy (Benning Rd) Bridge

Frederick Douglass (S. Capitol St) Bridge



Welsh (11th St) Bridge & Benning Rd Bridge

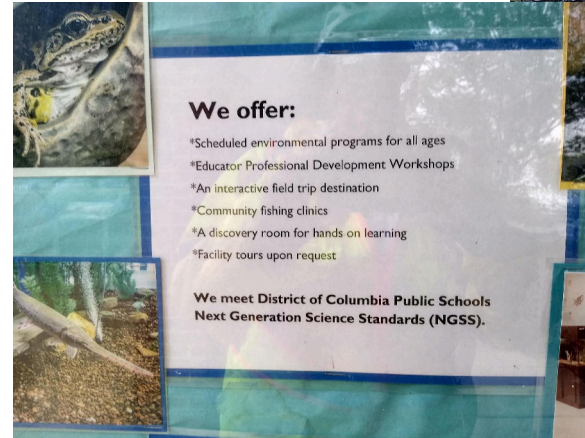


Amenities/Facilities Along the ART

- Anacostia Park - Fishing, Boating, Sport Fields, Playgrounds, Restrooms, Outdoor Fitness Station, Skating Pavilion, Pavilion, Pool, Recreation Center, Capital Bikeshare and the Aquatic Resources Education Center
- River Terrace - Playground, Basketball, Tennis Courts, Capital Bikeshare, grills and benches
- Kenilworth - Recreation Center, Playground, Track and Field, Handball Court and Kenilworth Aquatic Gardens



The Aquatic Resources Education Center and The Skate Rink at AP



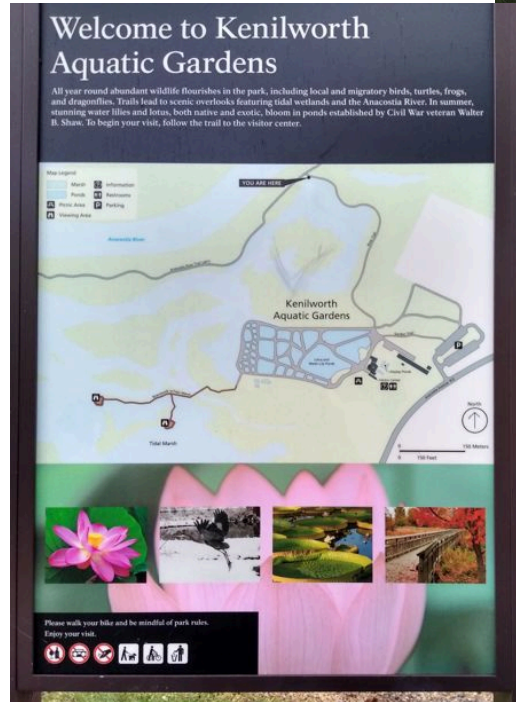
CaBi and Playground at AP



Track & Field and Handball at Kenilworth Park



Kenilworth Aquatic Gardens and Kenilworth Marsh



Amenities/Facilities Cont.

- Kingman and Heritage Islands - Are District-owned public parkland dedicated to environmental education and the preservation of natural resources.
- Across from Kingman Island on Benning Rd is Langston Golf Range
- The Fields at RFK Campus - Three multi-purpose turf fields to accommodate kickball, soccer, lacrosses, baseball, softball, and more, Restrooms, Playground, Celebration Pavilion and plaza, picnic area, walking/bike paths and dedicated parking.

Kingman & Heritage Islands



WELCOME TO KINGMAN & HERITAGE ISLANDS

HISTORY

The Anacostia River was once nearly a mile wide, and the channel was deep enough for ocean-going ships to travel and trade. By 1850, the river had silted to such an extent caused by deforestation and farming, and was no longer navigable. In 1912, the Army Corps of Engineers began to dredge the Anacostia River in an attempt to make it possible again for shipping. Through this process, thousands of acres of wetlands were filled to suit dredging and Kingman and Heritage Islands were formed from the dredge spoils. Kingman Island was later property until 1960, when it was transferred to the District of Columbia. Today, Kingman and Heritage Islands are District-owned public parks, dedicated to environmental education and the preservation of natural resources.

GETTING AROUND THE ISLANDS

WHAT IS A WATERSHED?

A watershed is an area of land that drains into a body of water. When it rains, water drains from parts of Montgomery County, Prince George's County, and the District of Columbia to streams that flow into the Anacostia River. Each stream that drains into the Anacostia River is its own watershed. In fact, a sub-watershed of the Anacostia, known as the Anacostia, is also a watershed of the larger Potomac. The Potomac River, which then flows into the Chesapeake Bay. That same water then ultimately makes its way to the Atlantic Ocean - nearly 200 miles downstream from the District of Columbia. More than one million people live in the Anacostia watershed.

CRITICAL HABITATS & NATURAL RESOURCES

Kingman and Heritage Islands illustrate the necessity of nature. Although they were completely man-made at the expense of wetland ecosystems over 100 years ago, these islands are now home to important and rare ecosystems, including tall grass wetlands, old fields, and old growth forests. There are more than 100 different species of birds and other wildlife that inhabit, migrate, disperse and temporarily have spent the last 20 years retreating to these water table wetland. Today, the Anacostia River ecosystem supports a variety of wildlife and as the tide rises and falls each day it drains pollution from the Anacostia River.

The Fields at RFK Campus



The Fields Cont

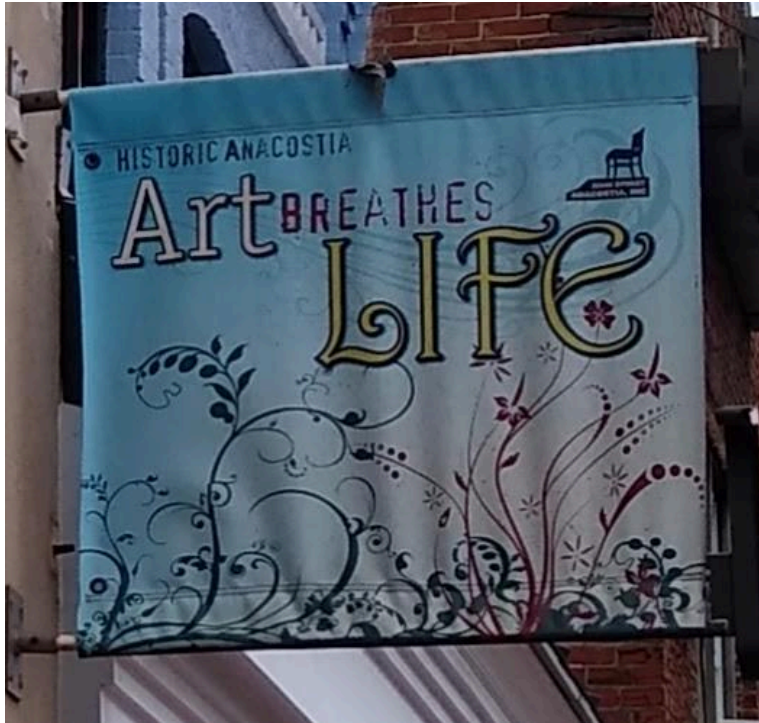


Highlights in Anacostia

- Frederick Douglas Home & Historic Site - Located at 1411 W ST SE
- Smithsonian Anacostia Community Museum - Located at 1901 Fort PL SE
- Anacostia Art Center (AAC) - Located 1231 Good Hope RD SE, closed Mondays



Anacostia



Anacostia Cont.



Places to Eat

- Turning Natural - Juice and smoothie bar that serves healthy food, smoothies, detox juices, pressed juices, and vegan options as well.
- Busboys and Poets - Serves delicious food with gluten-free, vegan, and vegetarian options. Offers a book store, Wifi, and spoken words nights.
- Caribbeans Citations - Informal counter-service eatery offering Jamaican classics.
- MLK Deli - A healthy and yummy food option.
- ELife Vegan Restaurant - Serves delicious, plant-based soul food, located inside of the AAC.
- Tony's Place - Open for breakfast and lunch (near Minnesota Ave)

Eats



Caribbeans Citations



Places to Shop

- Mahogany Books - Located inside the AAC
- Nubian Hueman - Ethnic clothing shop, sells clothing, accessories, and art. Located inside the AAC
- Vintage & Charmed - is a unique and eccentric women's clothing boutique for the upscale and everyday. Located inside the AAC

Questions???

- We have answers!!!!!!!