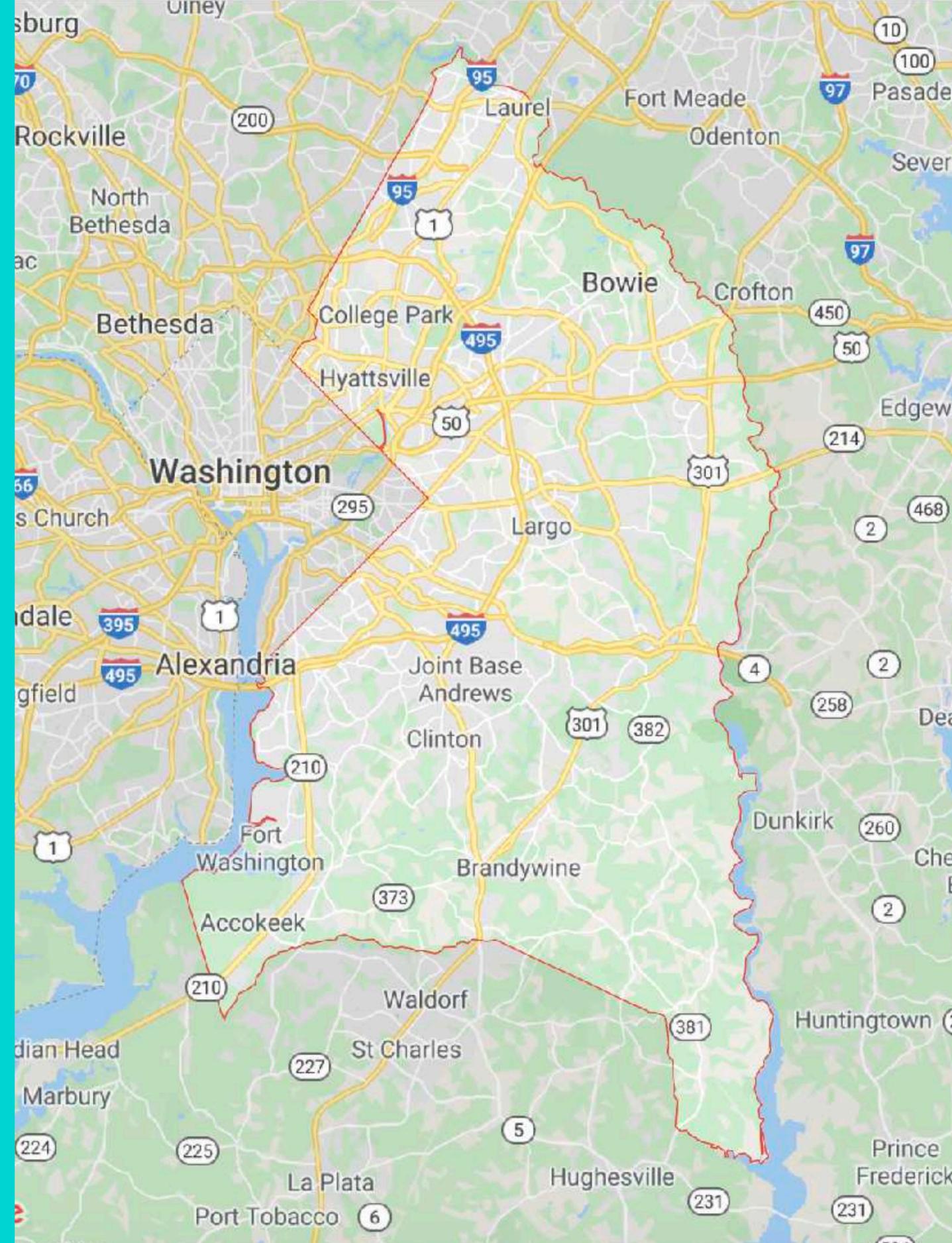




TALES & TRAILS OF PRINCE GEORGE'S

THE BEST RIDES RIGHT IN YOUR BACKYARD



WRITTEN + PRESENTED BY

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ALL PHOTO + VIDEO IN THIS PRESENTATION CREATED BY ROBYN SHORT





175 MILES

PRINCE GEORGE'S COUNTY HAS MORE TO OFFER THAN THE MET BRANCH!



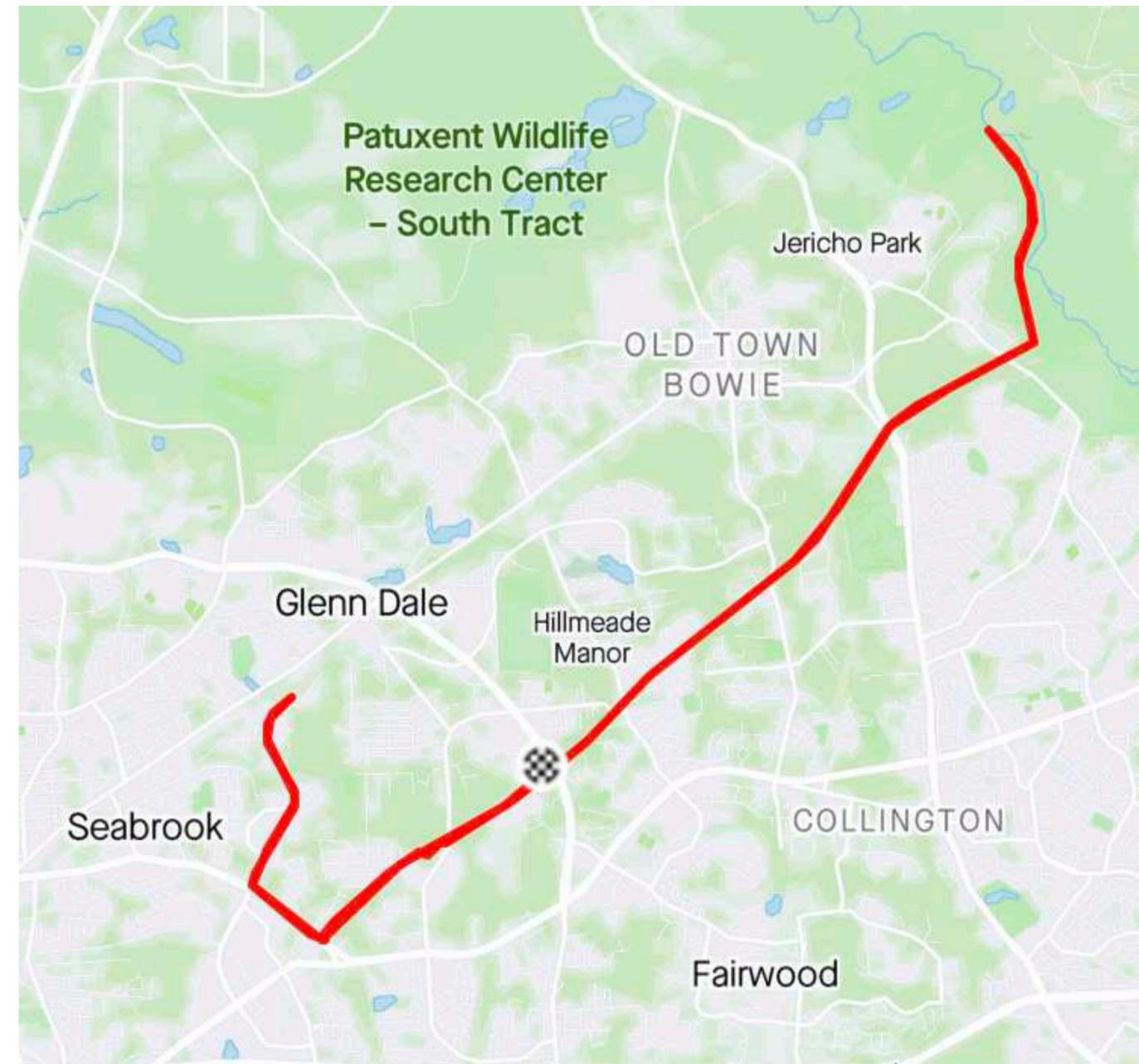
WB&A TRAIL



WB&A TRAIL

LENGTH & LOCATION

- **12 mi RT; my route**
- **Lanham to Bowie**
Rt 450 and 704 (Annapolis Rd and MLK Hwy) to Race Track Rd near Bowie State
- **Trail Map & Directions**



WB&A TRAIL

FUN FACTS

Hotly contested connection with the B&A which runs from Anne Arundel to Baltimore; hopefully we'll get this connection because that would be an awesome day! :D

follow the developments [here](#)

more fun facts [here](#)



WB&A TRAIL

HIGHLIGHTS

- **Deceptively flat*** (no climbing but your quads will feel it for sure!)
- **Bridges keep you off the road 95% of the ride**
- **Low traffic, 10ft wide so easy to share w/ walkers & bikers**
- **Plenty of rest stops and bench/picnic spots; bathrooms + water at Glenn Dale and porta-potties everywhere else; pond @ Electric Ave**



WB&A TRAIL

HIGHLIGHTS

- You can ride all the way out to Forbes Boulevard and into Vista Gardens Marketplace for lunch (no bike racks though—sorry!)
- Easy to hop on the road to lengthen your route or tack on some hill training



WB&A TRAIL

WATCH OUT FOR

- **Mostly unshaded—wear sunscreen and bring plenty of water**
- **Occasional snakes on hot days**
- **Near the Race Track Rd. end, you'll be adjacent to a gun range—don't freak out if you hear shots! The barrier wall will protect you.**



WB&A TRAIL

ACCESS POINTS

- ***Glenn Dale Community Center:** Best starting point; midpoint of the trail; plenty of parking; starting here also gives you the option to tack on a road route!
- **Race Track Road Trailhead:** 1 mile SE of BSU; small parking lot can fill quickly in the summer but always empty in winter; racks but no bathrooms
- A small dedicated parking lot for the trail can also be found off **Electric Avenue** just west of Glenn Dale Road; pond & picnic tables here





WATKINS PARK

+ CONNECTING ROAD ROUTES

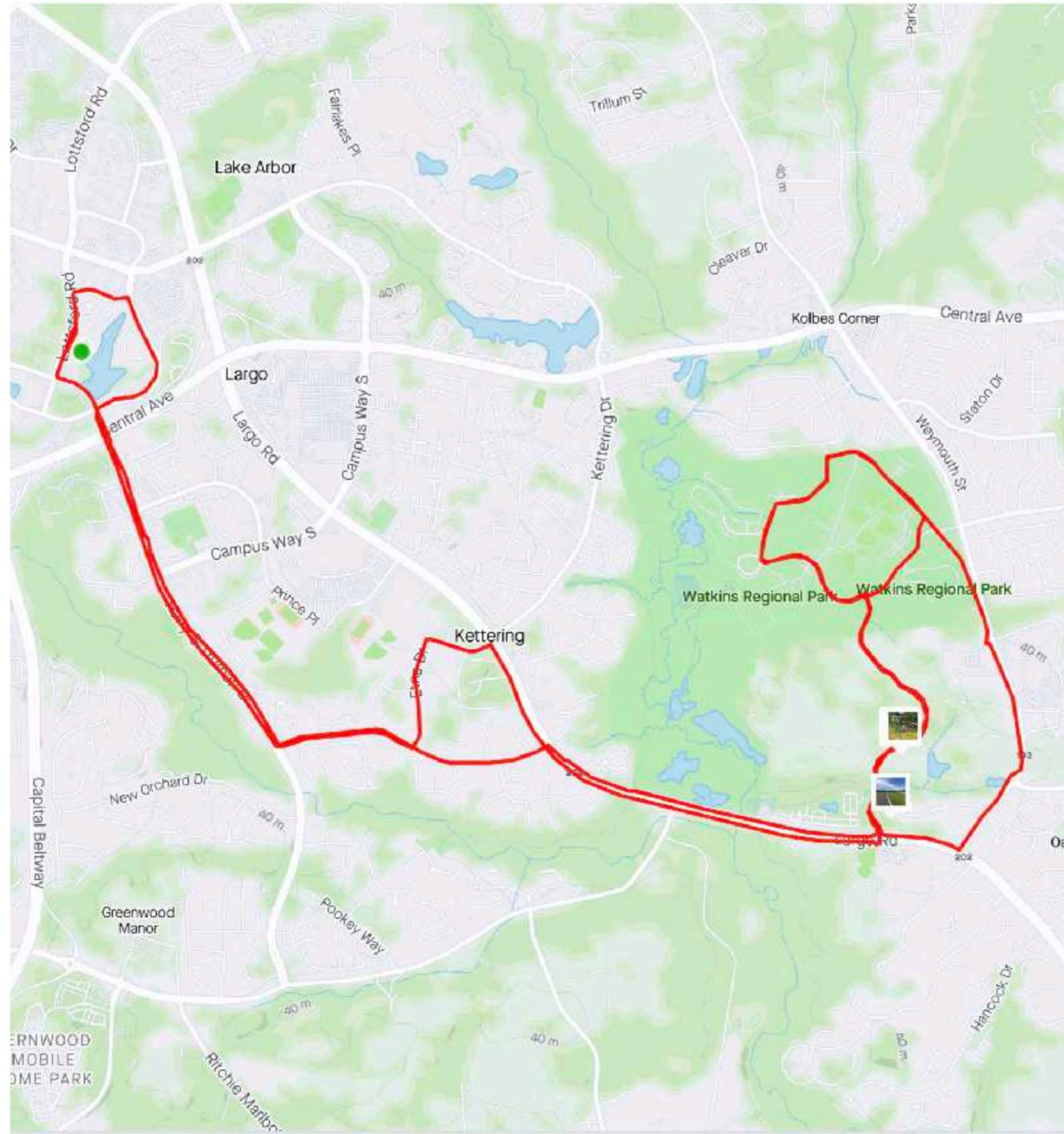
WATKINS PARK

LENGTH & LOCATION

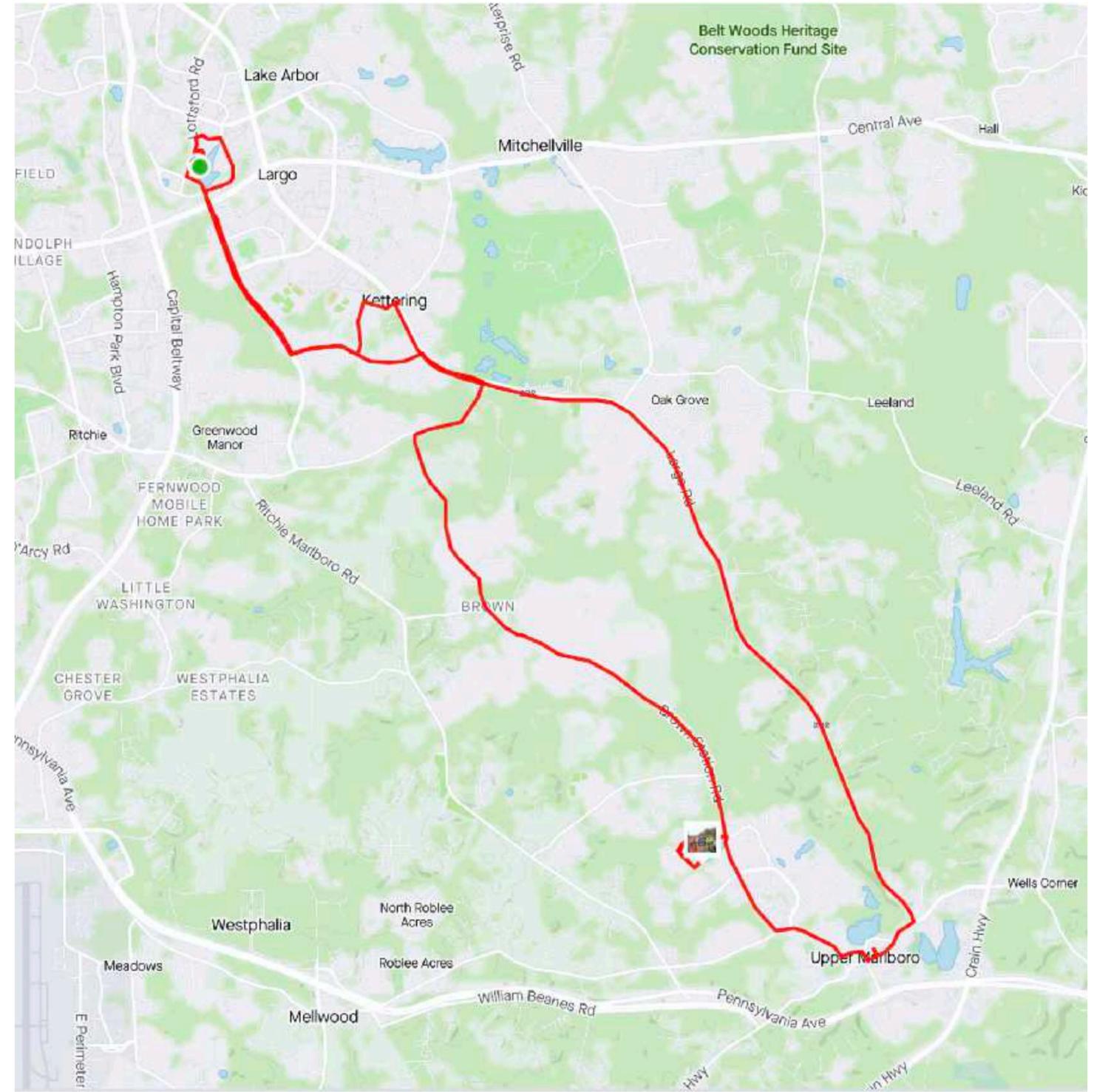
- 2 mi. park loop
- Upper Marlboro
- Trail Map & Directions
- Best for those who want to extend/
add some scenes to a road route



my 17ish mi. route



my 20ish mi. route



WATKINS PARK

HIGHLIGHTS

- **The backside of the park is a stunningly beautiful— a real hidden gem!**
- **Long stretches of peaceful, empty road and roadside trail**
- **The Festival of Lights in December is super fun to bike through!**



WATKINS PARK

WATCH OUT FOR

- **Once you get in the park near the playgrounds, there are lots of kids and walkers—reduce speed and pay attention. Beyond that, it's smooth sailing!**



WATKINS PARK

ACCESS POINTS

- **Watkins Regional Park**
parking, bathrooms, picnic areas
- ***Your neighborhood**
Largo Metro, Truman/Campus Way,
neighborhoods near the park and FBCG





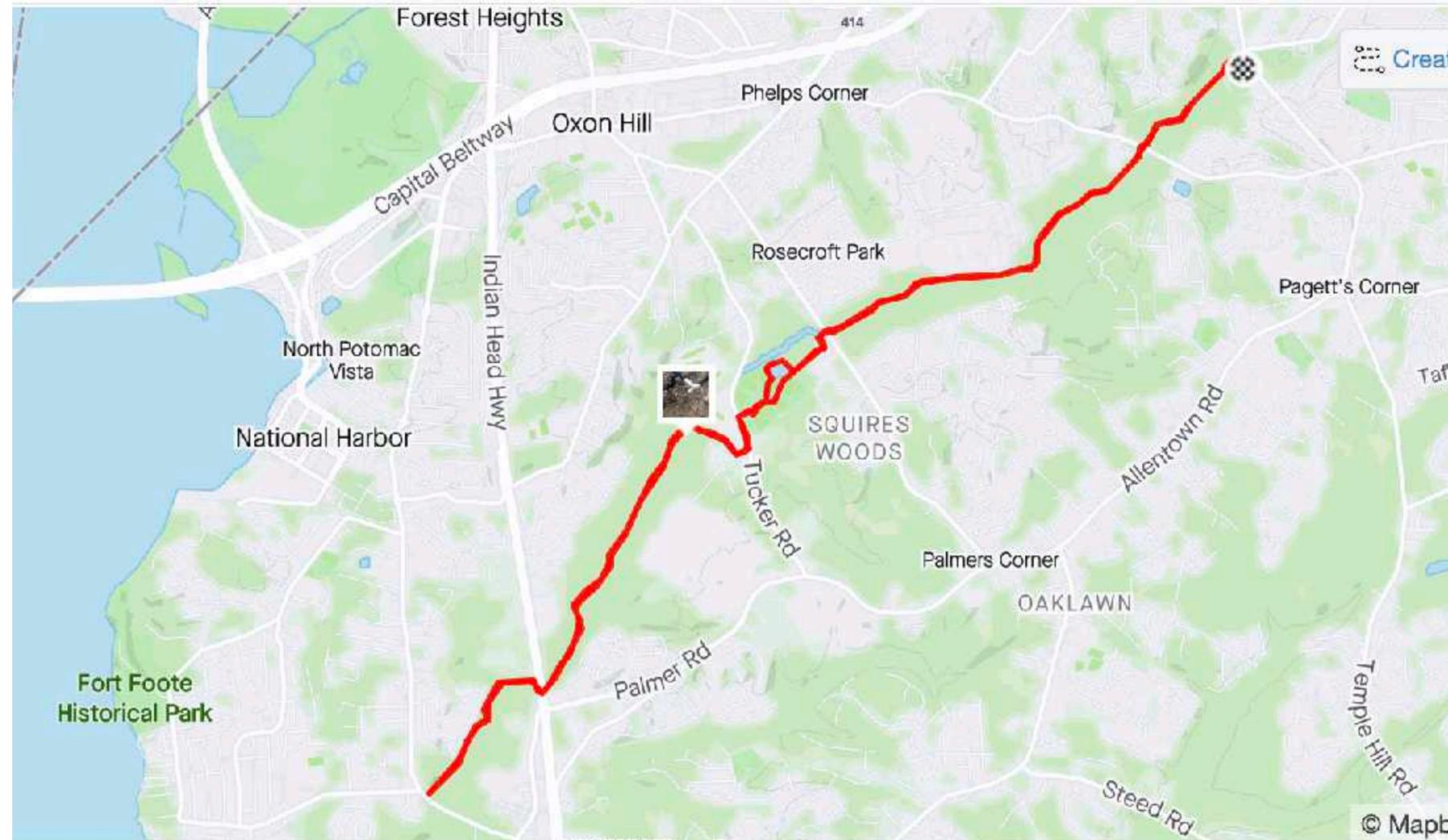
HENSON CREEK



HENSON CREEK

LENGTH & LOCATION

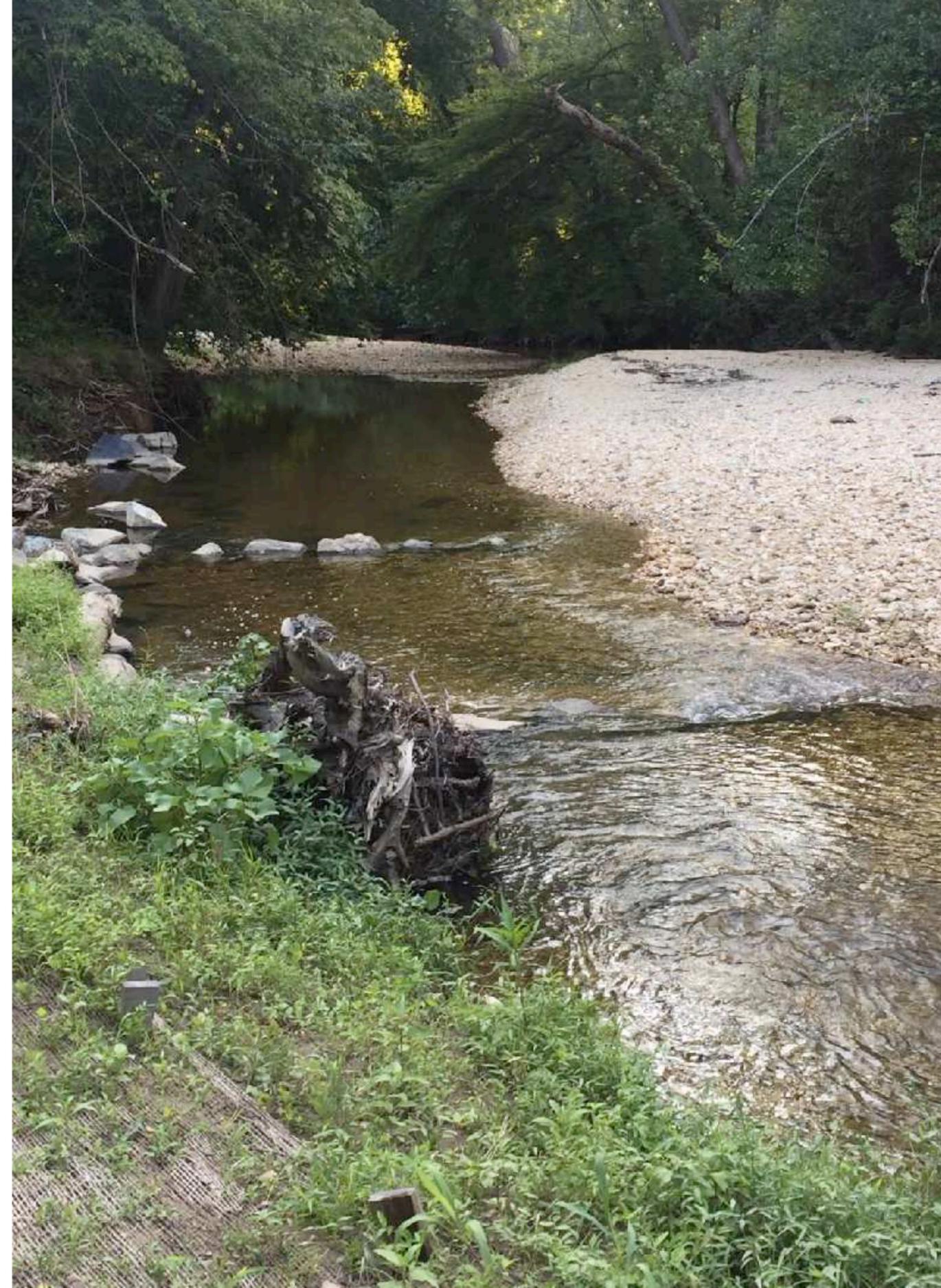
- **12 mi RT; my route**
- **Temple Hills to Fort Washington**
- **Trail Map & Directions**



HENSON CREEK

HIGHLIGHTS

- **Scenic and mostly quiet**
- **Mostly walkers and a few recreational bikers (no pelotons here!)**
- **PANCAKE FLAT with one BIG hill at the very end (if you're brave!)**
- **Perfect for newbies and those looking to build up mileage**



HENSON CREEK

WATCH OUT FOR

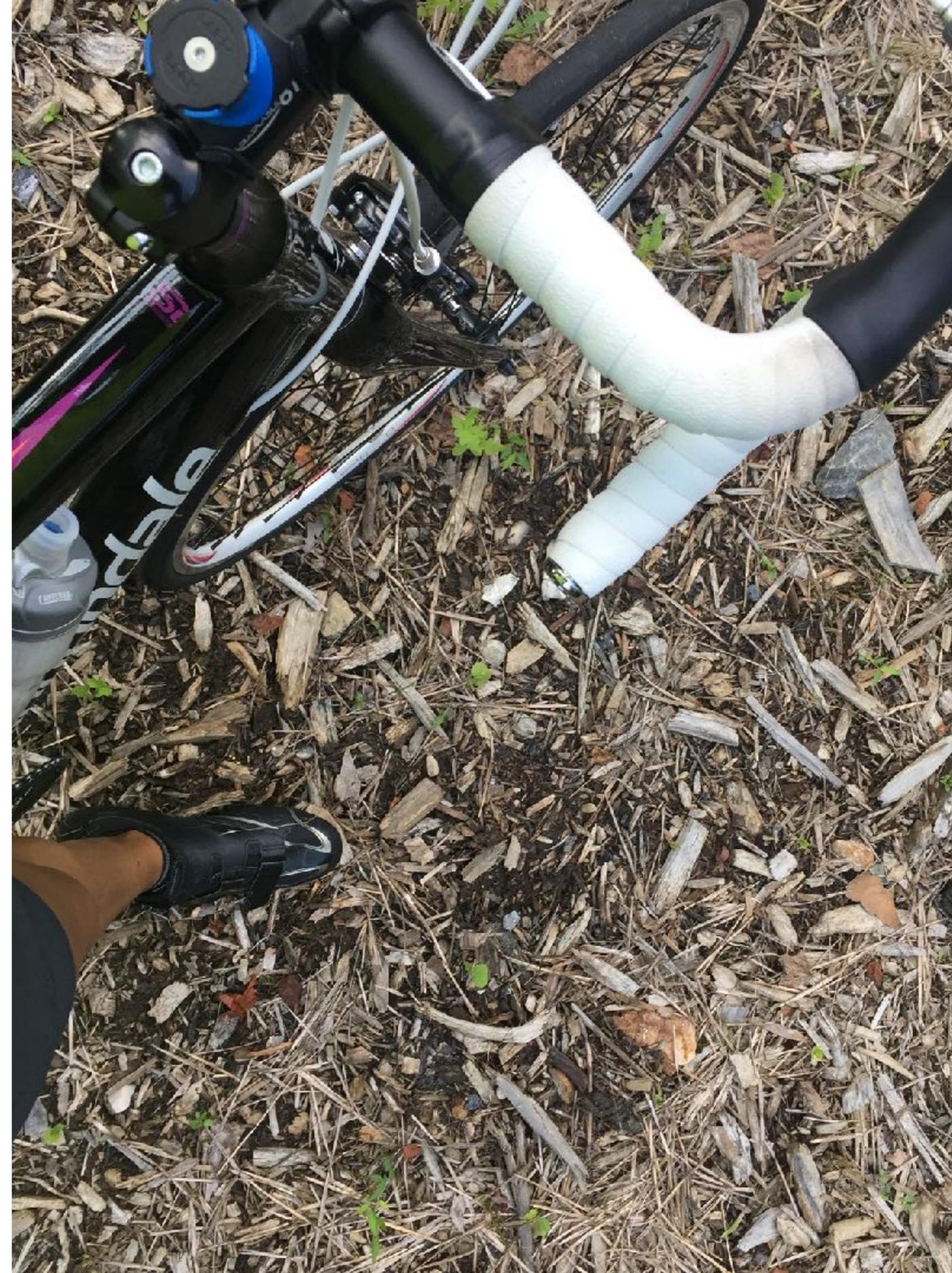
- **CONSTRUCTION.** Check before you go.
- **During non-peak hours, this trail can be secluded**
- **Some areas are a little rough (roots coming through pavement)**
- **After heavy storms, there can be minor flooding in certain areas**



HENSON CREEK

ACCESS POINTS

- **Henson Creek Neighborhood Park**
Trailhead off Temple Hill Road
- **Tucker Road Athletic Complex/
Community Center**
Midpoint of the trail; plenty of parking,
activity, picnic areas, and bathrooms





WILSON BRIDGE TRAIL



WILSON BRIDGE TRAIL

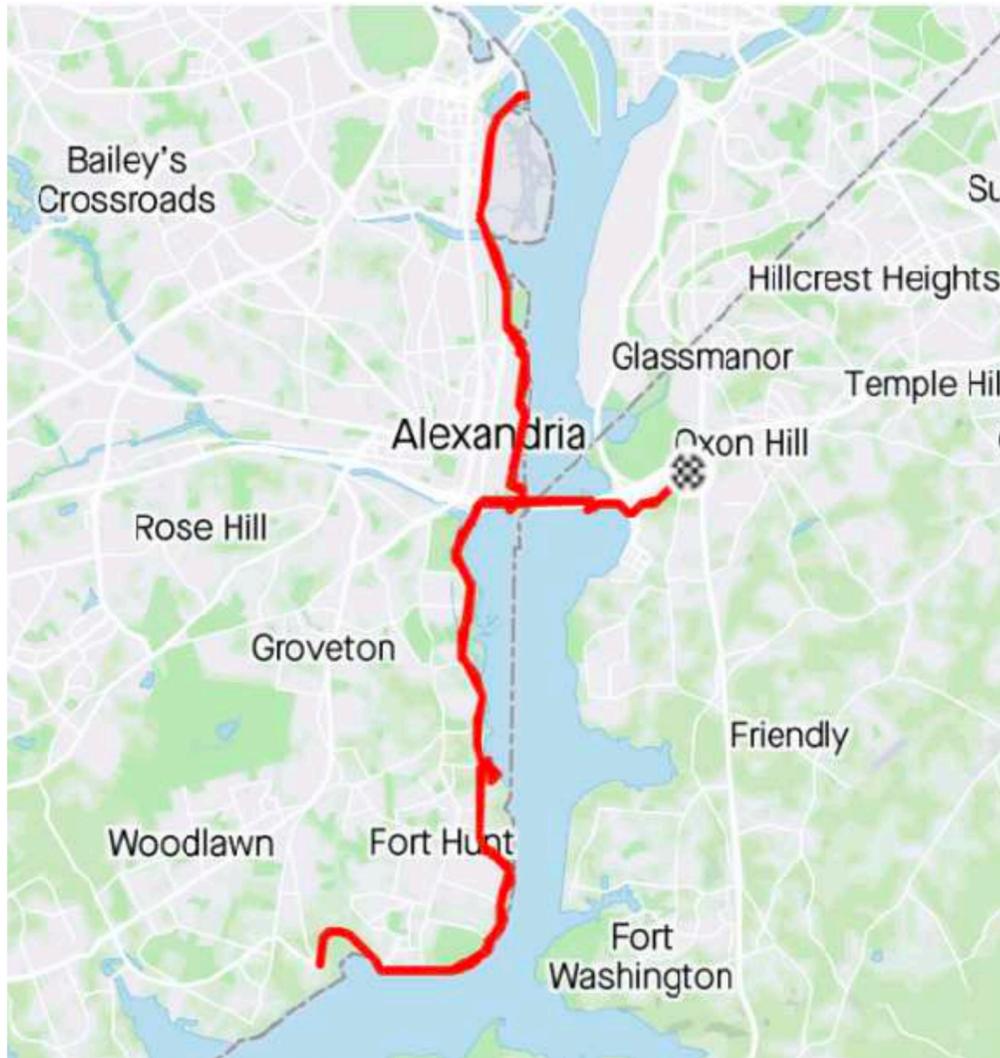
LENGTH & LOCATION

- 7 mi RT
- Oxon Hill to NoVa
- Directions
- Starts at National Harbor (lunch! shop!) and dumps you right onto the MVT from which you can go anywhere you please!; bike rack at Potbelly but none at Tanger Outlets



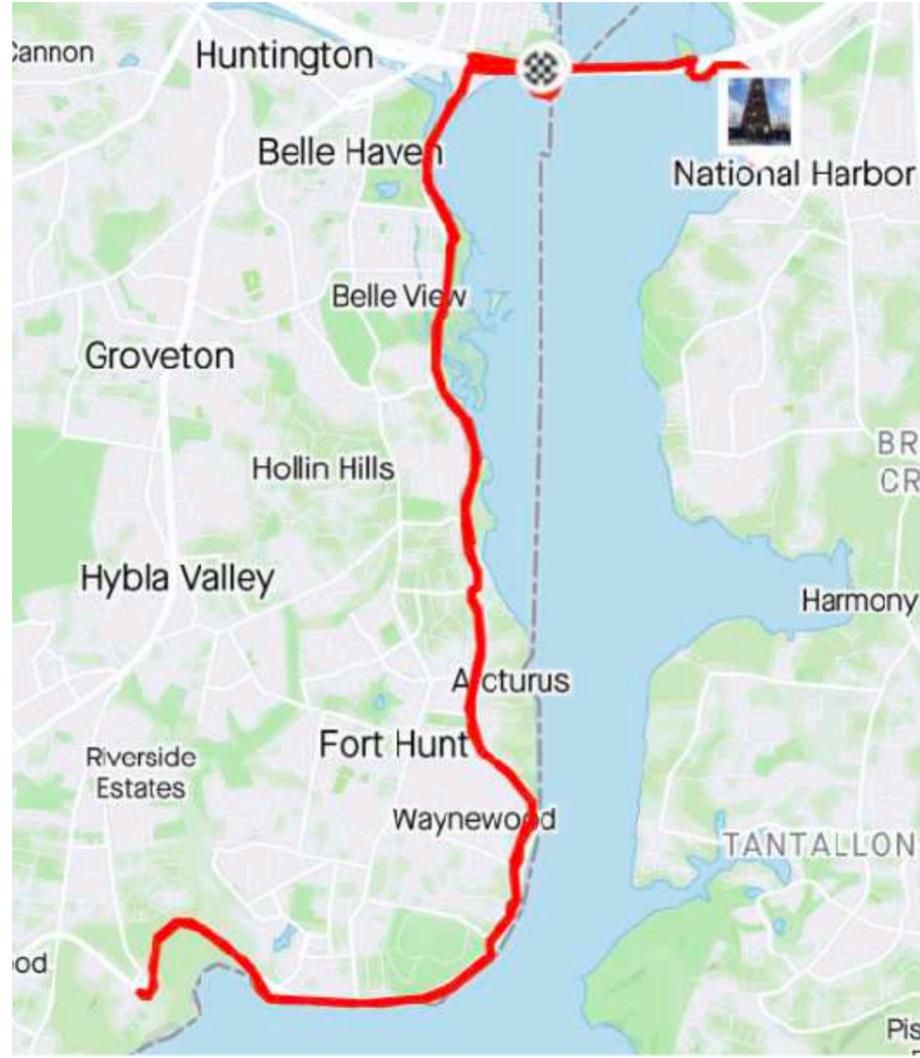
my 40 mi. route

Oxon Hill Rd. > Tidal Basin > Mt. Vernon



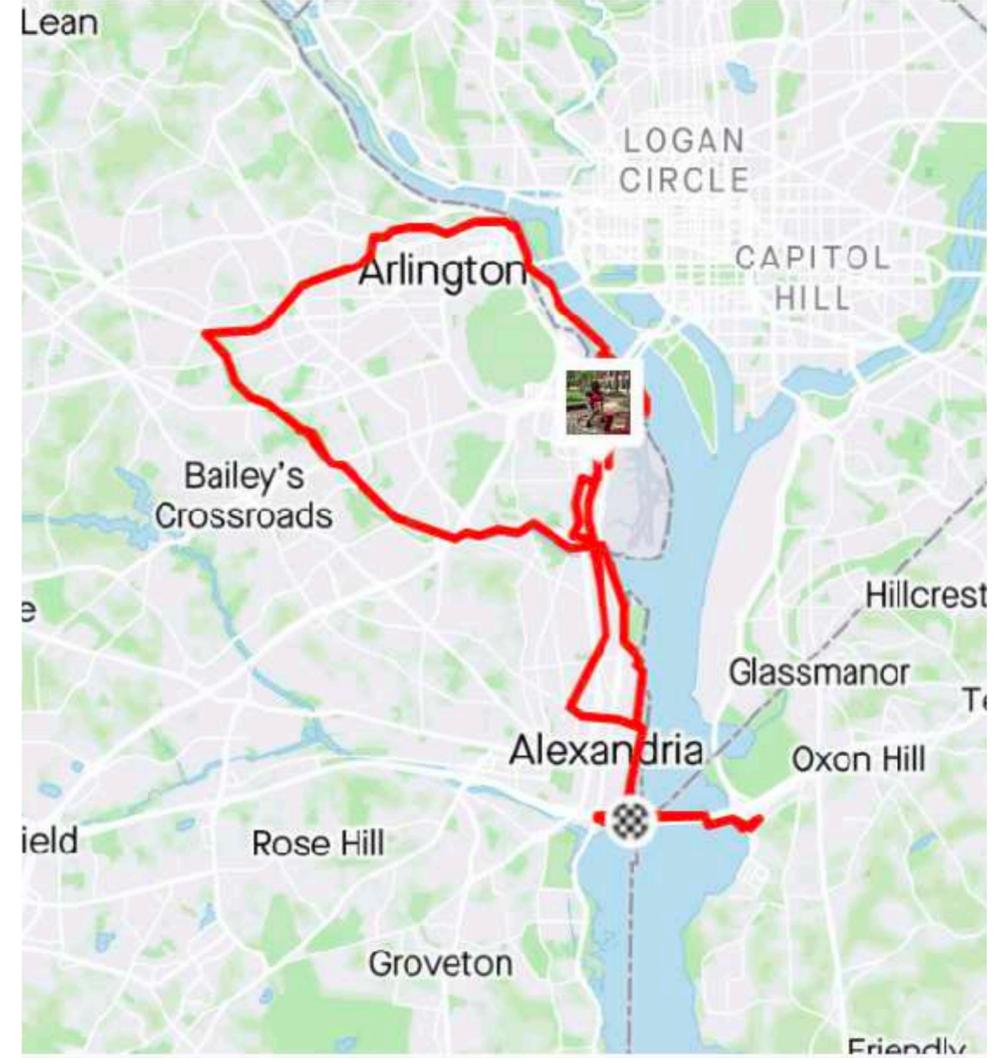
my 25 mi. route

Jones Point > Mt. Vernon



my 36 mi. route

Jones Point > WOD



WILSON BRIDGE

HIGHLIGHTS

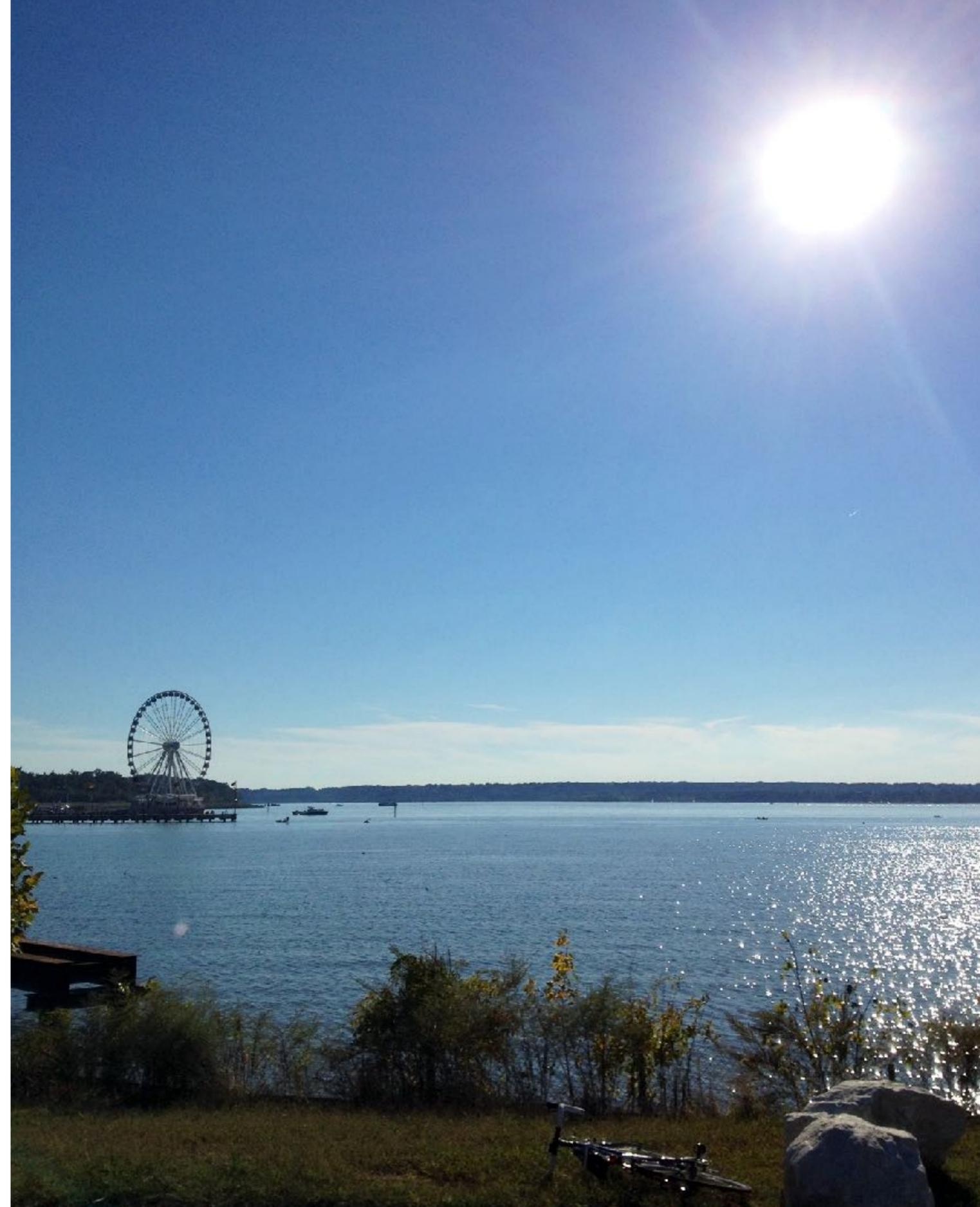
- **SCENES!!!**
- **Connects you to NoVa's trail network (MVT, WOD, etc.) without having to drive to VA**
- **Great "ride all day" option**
- **Great if you want a challenge: Getting on and off the bridge and climbing the mountain up to Oxon Hill Road is a great challenge for those seeking to build endurance or practice climbing**



WILSON BRIDGE

WATCH OUT FOR

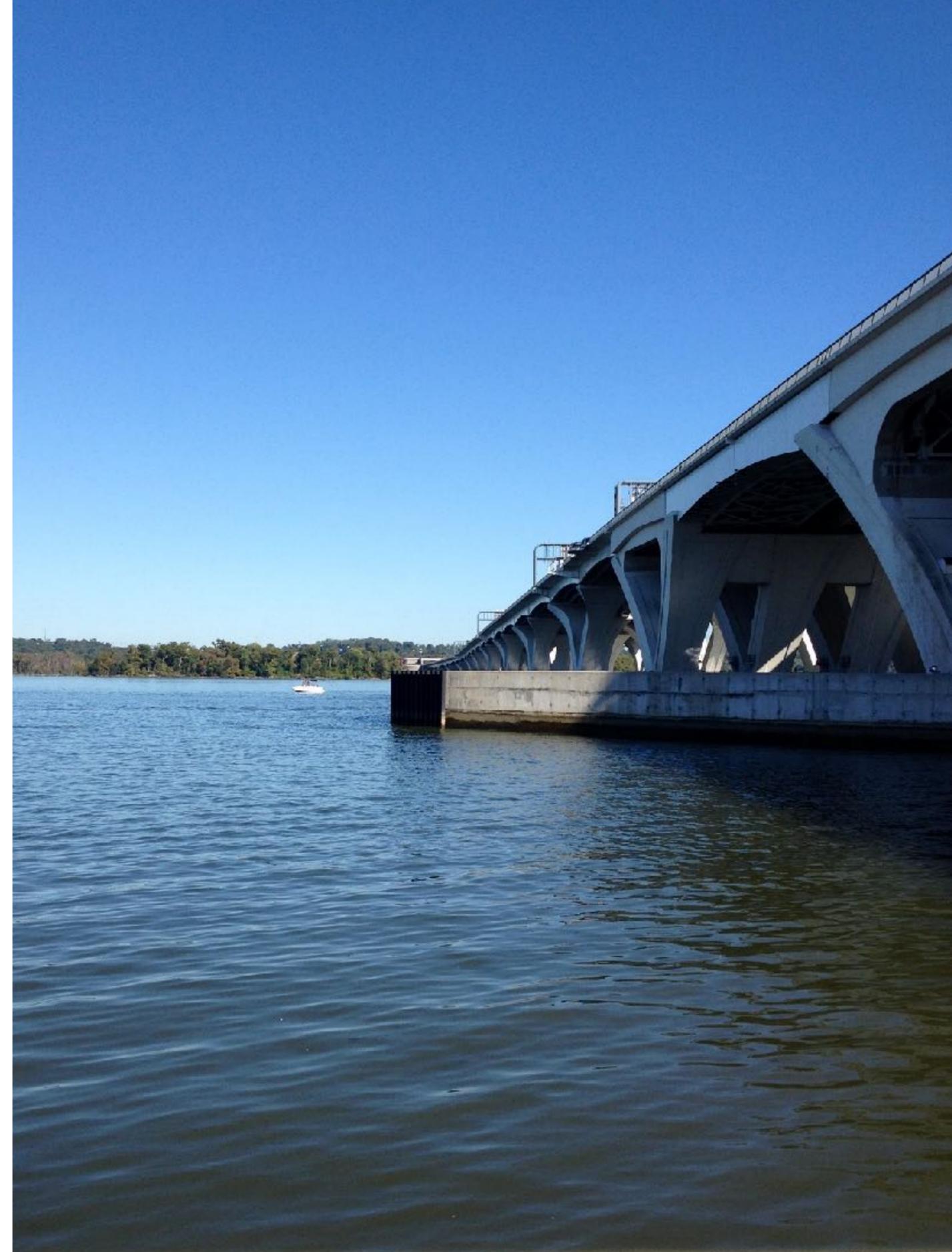
- **PEDESTRIANS.** They're everywhere. Reduce speed. Bring a bell, whistle, bullhorn, something!
- **Choose the Mt. Vernon side for less congestion**



WILSON BRIDGE

ACCESS POINTS

- ***Oxon Hill Park & Ride Lot (shh! Don't tell anybody!)**: Park here free on weekends; bike across the street and CAREFULLY down the pedestrian path to the trail
- **National Harbor**: Paid lots and meters if you don't want to climb or drive over the bridge
- **Jones Point Park**: Parking is free and plentiful, bathrooms, picnic area, scenes





OTHER NOTABLES



OTHER NOTABLES

DIRT + GRAVEL + SINGLETRACK

**Patuxent River Park/Governor Bridge
Natural Area Trail**

Bowie / [Trail Map & Directions](#)

Rosaryville State Park (Singletrack)

Upper Marlboro / [Trail Maps](#) & [Trail Info](#)



OTHER NOTABLES

YOUR NEIGHBORHOOD!

The best place to explore is right in your own backyard! Explore your neighborhood, experiment with your own routes that go through local parks, etc.

WE NEED YOU OUT THERE!

The more bikes we put onto Prince George's County roads, the more we can make the case for bike infrastructure in our communities.



RESOURCES

MORE TRAILS & DETAILS

MNCPPC

more details on county trails

Capital Trails Coalition

info on [planned trails & connections](#) in the county

Bike Washington

details on DC area routes & trails

Robyn on Strava

follow metro see my preferred routes



RESOURCES

LOCAL CLUBS

***DIVA Cycling (women only; all levels):**

We ride Upper Marlboro (the 202), Bowie, Glenn Dale, Greenbelt & beyond; mix of social and training rides

Beachtree Pedalers (co-ed; intermediate

+ advanced): They ride Upper Marlboro (the 301); mostly intermediate & advanced conditioning rides

Oxon Hill Bicycle & Trail Club (co-ed; all levels): They ride Southern Prince George's (Oxon Hill, Fort Washington, Indian Head, Accokeek, Brandywine); pay attention to the ride classification; please note: they love to CLIMB! :D

GII (co-ed; ADVANCED ONLY): If you race or aspire to race, this group is perfect for you. They have training rides in Bowie and Laurel.



THANKS!

NOW, GO RIDE SOMEWHERE!